

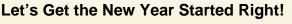


Barbee Towers & Ralph Richards Tower



# New Year's Resolutions for 2020

- Focus on a passion, not the way you look.
- Exercise to feel better, not to be thinner.
- Stop Complaining.
- Give one compliment a day.
- Go a whole day without Checking your phone.
- Read at least one book each month.
- Go someplace you've never been.
- Clear out your Clutter.
- Volunteer your time to help others in need.
- Travel on a small budget.
- Drink more water.
- Don't buy things you don't need.
- Let go of grudges.
- Stay in touch with the people who matter.
- Talk less and listen more.



If you have goals you desire to achieve, the ROSS (Resident Opportunity & Self-Sufficiency) Service Coordinator is here to help you start, stay, and stick with it until the end!

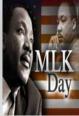


Don't delay...call today!



Samuel A. White (727) 446-1045, Ext. 265 swhite@clearwaterhousingauth.org

## A Friendly Reminder...



The "ROSS Zone" - Upcoming JANUARY Events

Clearwater Housing Authority (CHA) offices will be closed on **Monday**, **January 20, 2020**, in observance of Martin Luther King, Jr. Day.



Barbee Towers

**Dedicated Community Bingo** Wednesday, January 22, 2020 at 1:00 PM-2:00 PM

**Dedicated Community Breakfast** Monday, January 27, 2020 at 10:00 AM-11:00 AM

### **RCS Food Distribution**

Tuesday, January 28, 2020 at 9:30 AM-11:30 AM

United Healthcare Community Bingo Wednesday, January 29, 2020 at 2:00 PM-3:00 PM Ralph Richards Tower

**RCS Food Distribution** Tuesday, January 14, 2020 at 9:30 AM-11:30 AM

### Dedicated Community Bingo

Wednesday, January 22, 2020 at 1:00 PM-2:00 PM (Barbee Towers)

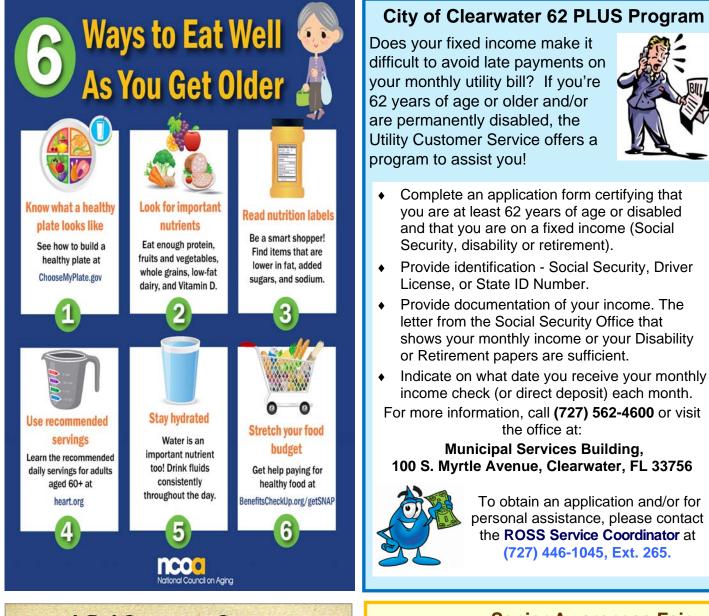
### **Dedicated Community Breakfast**

Monday, January 27, 2020 at 10:00 AM-11:00 AM (Barbee Towers - Please RSVP)

### United Healthcare Community Bingo

Wednesday, January 29, 2020 at 12:30 PM-1:30 PM

#### JANUARY 2020 ROSS NEWSLETTER



Although no one can go back and make a brand new start, any one can start from now and make a brand new ending.

- - Carl Bard



#### **Senior Awareness Fair**

#### Friday, January 24, 2020 9:00 AM-12:00 PM

Hale Senior Activity Center 330 Douglas Avenue Dunedin, FL 34698

This event features over 50 vendors providing information for older adults on a variety of topics including healthcare, beauty, nutrition, exercise, legal/financial help, retirement living and home care. Attendance is **FREE** and lunch is provided. For more information, call Dunedin Parks & Recreation at **(727) 298-3299**, or visit the website at www.dunedingov.com/Home/Components/Calendar/Event.

#### PAGE 2